

ThePromise

Issue: June 2016

www.minerspromise.org.au

In this Issue...

- Standing Together to become a bi-annual event
- Wrap up on the September lunch
- Coming Soon new online discussion forum
- Refer a friend offer for July!
- Member Story: Rob and Pixie Frahm
- Is your estate in order? Writing a will
- Are your details correct?

Our inaugural Standing Together lunch, aimed at providing an informal forum for resources families impacted by a fatality, was held at Little Creatures in Fremantle in April.

The event was open to Miners' Promise members and non-members and included a mixture of spouses and partners of people who had lost a loved one.

The two hour lunch was an opportunity for those in attendance to: briefly introduce themselves to others and the circumstances that brought them there; to engage in conversation with the group; and to share their

Standing Together Support Group to hold bi-annual event



contact details as a formative step in the development of ongoing support.

All in attendance indicated that they had thoroughly enjoyed the opportunity to meet and converse with like-minded people and most expressed that they would have liked the session to go for longer, as they were just beginning to get to know one another.

Attendee, Leah Chapman, who lost her husband in a work related accident more than 10 years ago, expressed her strong support for the establishment of an ongoing event.

"It was great to be in a position to be able to help others who were still in the early stages of the grieving process, and to help them understand they aren't alone," said Leah.

"Coming together as a group was really healing for me in terms of being able to offer advice and support to others based on my own experience.

"I think if I'd had this opportunity a few years ago when I lost my husband, my journey might have been a bit easier," she added.

Other feedback from attendees also indicated that they would all want to attend a regular event.

They were also keen to be able to keep in contact in between times with the suggestion of an online discussion forum being floated as an idea for the future. (Find out more on the online discussion group inside.)

"The key benefits of the group were identified as being the networking opportunity with other like-minded people, along with their own personal growth, through sharing of experiences with others," said event facilitator and Family Support Advisor, Helen Fitzroy.

"We've also taken a lot of other feedback from attendees in terms of the format of the event to enhance the benefits of attending in the future.

"The next event will offer a slightly quieter venue so we can hear each other better, and will also include some further networking opportunities before lunch," Helen added.

More about our next Standing Together Lunch inside this issue

The Standing Together September Event

As a result of the success of the inaugural event in April the date for the next Standing Together Support Group lunch has been set for Friday, 9 September.

Responding to feedback, we have extended the program to include more networking opportunities for attendees, prior to enjoying lunch at the Canning River Education Centre in Perth.

The event is open to anyone over the age of 18 who has been directly affected by the loss of a loved one. This includes non-members and members of Miners' Promise.

All event attendees must be pre-registered, so please **save the date in your diary** and if you did not attend our last event, register your interest by emailing us at **info@minerspromise.org.au** with your details and contact number, or by calling direct on **1300 124 014**.

Program of Events

Venue: Canning River Eco Education

Centre (Saphire Room)
Corner of Kent Street and
Queens Park Road, Wilson

08.50am Arrival

09.00am Introduction and key issues

plus general discussion

10.30am Morning tea & and river walk

11.00am Group discussion

12.00pm Lunch

1.00pm Event close

COMING SOON

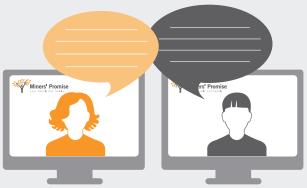
Look out for our online discussion group

Attendees of the inaugural Standing Together Support Group lunch event also expressed a strong desire to be able to contact and support each other between events, via a social media platform.

As a result, Miners' Promise will be launching a closed group on facebook for this specific purpose.

A closed facebook group means members of the group are screened by Miners' Promise prior to being able to join. This ensures the integrity of the group is controlled and contained to people who share a common purpose – that being to provide support to others within the resources industry who have been affected by the loss of a loved one.

More on the exact date and how to join this group will be available soon via our regular Miners' Promise facebook page and published on our website. So if you, or anyone you know feel you may benefit, make sure you have liked our facebook site and keep an eye out for further updates as soon as we have more news.



\$60 up for grabs as Miners' Promise celebrates turning 6 this July!

Help us celebrate our 6th birthday by telling your resource sector friends and colleagues about Miners' Promise and recommending they become a member too.

Then, when they sign up via credit card during the month of July, we will split a \$60 Coles Myer gift card voucher between you both as a little thank you!

Make sure your friend tells us who recommended them when they join so we can ensure you receive your share. (Refer to this story on our website for full referral offer terms and conditions.)

How to join?

Visit our website www.minerspromise. org.au and select the "Become a Member" button on the top right hand corner on the home page. You are first prompted to read and accept our terms and conditions before you can complete the online membership application form. Need help? Call us on 1300 124 014 and we will be happy to assist.

Remember: When signing up via the website ensure they enter your full name in the 'comments' section on the online form so you don't miss out.

Member Story

Esperance bushfires displace member's family



The devastating bushfires in Esperance in November 2015 resulted in the loss of four lives and thousands of livestock. Hundreds of people were evacuated from their homes in affected areas, and more than 500 residents lost essential utilities including water and power.

Rob Frahm, his wife Pixie, and their boys. Ben and Declan were unable to return to their home for two weeks following evacuation as fires took hold fuelled by wind gusts reaching

100km/h and temperatures exceeding 40 degrees.

"Our house was saved by a fluke," said Rob.

"The fires engulfed two large trees surrounding our property and melted the water pipes and adjacent water tanks, which then burst and put the fire out. We were really lucky, as we think this is the only reason our home survived.

"We couldn't go back to the property though until we had power and water restored, so friends kindly put up our whole family in the meantime," added Rob.

Rob works for Norton Gold Fields. who are a participating employer with Miners' Promise. Norton first called Rob to ask if it was ok for a family support advisor from Miners' Promise to contact him to see if they needed any help.

"I knew I was a member, but I didn't realise they could help with this sort of thing - I thought it was just if something happened to me, that is, if I was killed or injured at work.

"The family support advisor then called me and we had a good talk about what had happened and what we felt would be most helpful at that time to get us through. One of the first things they were able to help us with was a Woolworths voucher. We were able to give this to the family who had taken us in and fed us whilst were displaced, which made us feel we were able to say thank you for their kindness and support in some way.

"They also organised tree loppers to come and remove the two large dead trees from our property before they could fall on the house

"We are very happy that Norton Gold Fields is a member of Miners' Promise. More employers should definitely get on board. Thank you to Norton and to Miners' Promise for your support at what was a very difficult and stressful time for ours and so many other families," said Rob.

Welcoming Deane Criddle to our Board of Directors

Deane answered the call to join the Miners' Promise Board of Directors earlier this year, and was officially endorsed onto the board to oversee the finance portfolio in April.

A Certified Practising Accountant, Deane has has worked in the mining and construction industry for the past decade, both overseas and in Australia. Since 2011, he has held a leading position within the Kellogg Joint Venture (KJV's) accounting and finance team on the Gorgon EPCM Contract.

Deane also has past experience working with not-forprofit organisations as a board member, and was drawn to Miners' Promise because of the uniqueness of the support it offers to resource worker families.

"I didn't know a lot about the organisation when I first became involved with Miners' Promise, but it quickly became apparent that the kind of support Miners' Promise provides to its members is very unique," said Deane.

"The fact that we can have support advisors on the ground working with families and individuals on a one-on-one basis, working out their specific needs when a crisis hits, is something that just can't be bought

in any type of insurance product or service.

"I think it's really important to get this message out there, and I am committed to helping grow the organisation further, by offering my expertise in the areas of strategic decision-making, organisational leadership and governance to enable this to happen," he added.

Deane is at the top of his field as a finance, accounting and business professional, with a high level of demonstrated competency and strong commercially orientated accounting and finance experience. His credentials and expertise are a very welcome addition to the Miners' Promise organisation.



Is your estate in order?

For many of us, updating or even creating a Will is the last thing on our "To Do" list - for so many reasons!

Mostly we are too busy living: running the kids to school; working to pay off the credit cards, saving for the next holiday; planning the next holiday; going for a jog or to the gym; feeding the dog; picking up the kids from footy practice; watching paint dry. You get the picture – anything but writing a Will!

But let's think about the reality of what could happen if we don't have a valid Will and something happens to us.

Who are the people who will be most affected? Is that your partner, your kids, your parents?

What happens if you die intestate?

If you die without making a Will ('intestate'), your assets and personal belongings are distributed according to law. This means you risk your estate being left to your legal next of kin - who may not be the people you most want to benefit following your death.

Also, what many people don't realise is that even if your legal next of kin are those you wish to leave your assets to, when you die intestate, it often takes much longer and costs more to administer your estate.

That's a whole load of unnecessary paperwork, time and money wasted, let alone the additional heartache for your loved ones at a time they could do without the added stress.

Some other points to think about:

- Marriage or divorce cancels the establishment of any previously established Will; and
- If you are in a de facto relationship and die without a Will, your partner may not automatically be entitled to your estate.

Bank accounts can also be frozen and a Certificate of Title to your home can be contested if they are only held in your name. This could potentially leave your next of kin with difficulty accessing funds and fighting to stay in their home.



If you have been the partner, parent, child, family or close friend of someone who has died, you will have a very good idea of the emotional, financial and practical impact of the loss of a loved one.

You will know from your own experience the extreme toll that emotional stress can take upon us, often diminishing our ability to deal with the trivia of daily life. Let alone the mountain of bureaucracy that can follow a death.

There are many things out of our control when a loved one dies. But preparing for our departure, sudden or not, by making a Will is not one of them

Call us here at Miners' Promise on **1300 014 124** and we will help you find the right provider in your local area.

Our Contact Details

Postal Address:

PO Box 7165, Cloisters Square WA 6850

By phone:

1300 124 014

By email:

info@minerspromise.org.au



Have you moved?

It is important for us to have your current contact information, especially if you or your family ever needs our assistance.

We also want to ensure you don't miss out on the potential to win some of the great prizes and gifts on offer in our frequent competitions and giveaways.

So if your contact information has recently changed, make sure you update your details with us as soon as possible.

You can use our **Member's Only Login** area on the website to update your details.

This feature enables you to set up your own online account that can be accessed

at any time to update your contact information, or view contributions made to date.

If you haven't already set up your account, or have forgotten your login details e-mail us at **info@minerspromise.org.au** or call **1300 124 014** and we will gladly assist you.

Prefer not to register for an online account? Just call us and we will update your contact information over the phone.





Miners' Promise
your family our family